

# Salem United Methodist Church

## October 2023



*Thoughts from Pastor Paola...*

***Rejoice in the Lord always; again I will say, rejoice.*** Philippians 4:4

What brings more joy in your life?

My list is very long and involves mainly being with people I love and I care for.

Yesterday, I was also reminded how much joy it brings me to go for a very long walk by myself (and God) in nature on a sunny September afternoon. It is incredible how simple things bring so much happiness.

On the opposite side, often when we pursue happiness in expensive and complicated things we are left with a deep sense of dissatisfaction.

During the last 10 years, our country, along with the wealthiest countries in the world, has been experiencing a dramatic decrease in happiness. More and more people across all races, incomes, social status and backgrounds report having less joy, a lot more depression and anxiety. It seems that our overwhelming abundance has been producing pain and deep discontent like never before.

Psychologists and neuroscientists are telling us that are our constant attempt to find pleasure through all kinds of entertainment, shopping, traveling, overeating, overdrinking, gaming, texting, FaceBooking, Instagramming, YouTubing, bingeing shows on streaming actually sends our brain into a state of unbalance, similar to a drug addiction that eventually causes withdraw, pain and the need to have more.

As it turns out having too much of everything actually is bad for us.

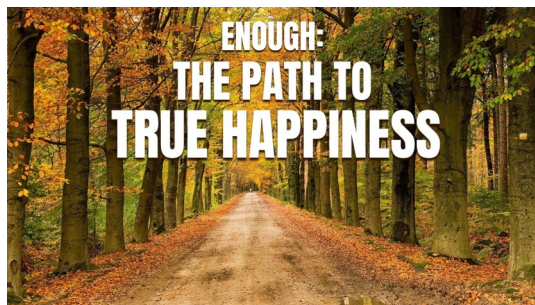
Jesus reminds us: ***Seek first God's kingdom and his righteousness, and all these things will be given to you.***

I would like to walk with you this month on a path that takes us to true happiness. Let's take some time in worship and in our life for the simple things that bring us joy to our life.

Each Sunday we will discover a different practice, a liberating discipline that brings full contentment to our soul.

Can't wait to be in worship with you all!

Blessings,  
Pastor Paola



We live in the land of plenty and abundance. Everything we want is just a click away 24/7. Yet, our society has never suffered like now with depression, anxiety and deep discontent. During this month we will learn simple practices that God reveals in the Scripture that have the power to bring satisfaction, peace, and joy back into our lives.

**Sun, Oct 1 - World Communion**  
**United Women of Faith Sunday**  
**The Practice of Gratitude and Praise**  
 Philippians 4:4-6;10-12



**Sun, Oct 8**  
**The Practice of Letting Go**  
 2 Corinthians 12:9-10 and 1 Timothy 6:6-10

**Sun, Oct 15**  
**The Practice of using our Spiritual Gifts**  
 1 Corinthians 12:1-7 and 1 Peter 4:10-11

**Sun, Oct 22**  
**Stewardship Sunday**  
**The Practice of Giving**  
 2 Corinthians 9:6-15



**Save the Date**  
**Sunday, October 29th**

**Our missionary Temba will be part of our worship.**

Please plan to join us after the service for a special meal and the opportunity to meet Temba.  
**EVERYONE is invited.**

***We are also looking for a family that would host Temba on the night of October 28th.***

Please contact Gladys Roszkowski if you are interested in hosting Temba.



**Standalone Sun, Nov 5**

**All Saints Day**

*Join us for a special service of remembrance of all the loved ones are gone back to the father.*

**Please invite families and friends who have lost a dear one.**



Revenge and resentment are powerful forces in our world and in our soul. Jesus said that there is a more powerful force: forgiveness. Forgive doesn't mean forget. It means to choose the way of love over the way of hate.

**Sunday November 12**

**"Forgiveness and Its Alternative"**

*Love your enemies and pray for those who persecute you – Matthew 5:43-45*

**Sunday November 19**

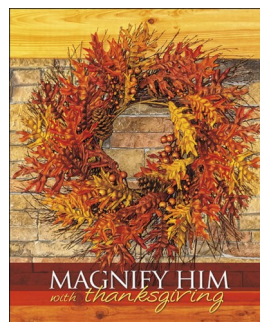
**"Two-way Street"**

*And forgive us our debts, as we also have forgiven our debtors - Matthew 6:12;14-15*

**Sunday November 26**

**"Free from the destructive power of hurt"**

*I tell you, forgive not seven times, but seventy-seven times. - Matthew 18:21-22*



**Special Thanksgiving Eve Service at Salem**

**Wed Nov 22nd @ 7PM**

**with First UMC West Allis**

This year we will host Thanksgiving Eve service, a wonderful way to enter in true spirit on Thanksgiving. Our friends from West Allis will join us. We are planning to have combined choirs.



## Chapel Service *Next Door*

**October 18th**

**11:00 AM – 12:00 PM**

**Hymn Sing at 10:30 am**

Come worship with our neighbors at New Perspective! Pastor Paola will lead worship in the chapel on the 3rd floor. Communion will be served. Please arrive 15 minutes early to check in at the front desk.

**Future services: Nov 15th & Dec 20th**

## *Welcome our newest members!*



Pictured (left to right): Pastor Paola, Wayne Haws, Brandon Fong, Leah Fong, Steven Stachowicz, Amanda Rogers, Logan Rogers, Patrick Rogers, & Maura Rogers.



Please join us for Handbell and Adult Choir Rehearsal every Wednesday night. Handbells meet at 6:30 pm and Adult Choir meets at 7:20 pm. There will be a pop-up choir on October 31st. All are welcome to join.



## SALEM ANNUAL CHURCH CONFERENCE

**Tuesday, November 21st at 7 PM**

We hope you can join us Tuesday, Nov 21st from 7 to 8 pm for our annual church conference. During the conference we will approve the 2024 leadership nominations and budget. Pastor Sam Royappa from First United Methodist Church in West Allis will preside our conference.

## Welcome our new Pianist Perla Chavez...



Hello! My name is Perla Chavez, I am eighteen years old, and it is an honor for me to be a pianist here at Salem Church! I am so thankful for this opportunity, and I hope it will be a blessing to us all. I have been playing the piano for about ten years now, and I am excited to work with all of you in praising the Lord!



We are deeply thankful to Susie Brown for being our long term sub for piano and organ. She has been sharing her musical talent and love for the Lord as a volunteer in ways above and beyond any expectation.



**CHILDREN and YOUTH  
Sunday School**

*Volunteer!*

Volunteers are needed on Sundays to help with the Children and Youth this year.

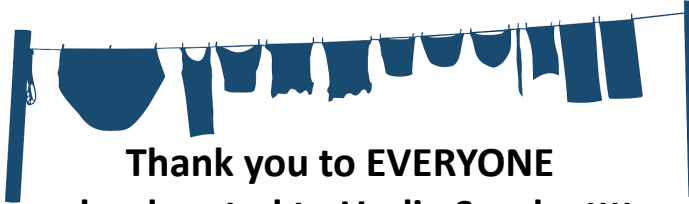
- Substitutes needed for teaching Children's Sunday School
- Leader for Youth Lessons - 1 Sunday/month

***Sign up in the Happenings Center. If you have any questions, please contact Mary Jo Martin.***





# Salem's FALL Outreach Ministry NEWS



**Thank you to EVERYONE  
who donated to Undie Sunday!!!!**

What a blessing it is to serve in this way.  
There will be updates coming soon!

## Snack Collection



Snack collection has resumed for Hadfield School.  
Please place snack items in the basket at the  
Happenings Center.

## Guess who's coming to brunch?



On Sunday, Oct 29th we have the wonderful opportunity of having our missionary, Temba, participate in our church service. We are very fortunate to be one of the few churches to hear his message on a Sunday morning.

A brunch after the service is planned in Fellowship Hall so that we have time to visit with Temba informally. Since we annually have our "Pie Sale" to raise funds for Mujila Falls, (Temba has always said he wishes he could be here for the pie) Outreach will provide some pies for dessert as well as small ham sandwiches.

Please sign-up to let us know how many to plan for. Side dishes are most welcome but this is not required for attending the brunch.

## Healing Hearts of Southeast Wisconsin

*We have several opportunities to help  
Healing Hearts this fall!*



On **Sunday, Oct 1st** there will be a BOWLING fundraiser at Sunset Bowl in Waukesha. There is a flyer in the Happenings Center! .  
[www.healingheartswisconsin.org](http://www.healingheartswisconsin.org)  
or more information.



## Volunteer Opportunity

We will be serving a meal at **Healing Hearts for the participants** on Monday, Nov 6th at 5:00 pm. This is a great opportunity for **ALL** ages to volunteer a few hours of your time, or contribute to the meal.

A sign-up sheet will be posted at the Happenings Center soon.

SAVE THE DATE...

**Windy Hill Brass Orchestra Concert**  
to benefit Healing Hearts  
Saturday, November 4th at 7 PM  
at Salem

Join us for a community wide family friendly concert for all ages that will include musical selections for everyone. A freewill offering will be collected to benefit Healing Hearts.

*More information to come.*





Thank you to all who helped with the Community Meal at the **Hope Center** in Waukesha. The milk, desserts, and servers were so appreciated. Many blessings for everyone.



**The FOOD Pantry**  
SERVING WAUKESHA COUNTY



There continues to be an urgent need for baby wipes and diapers (all sizes). Please bring diapers to church OR grab a pew envelope. Fill in your name and add your donation. Write diapers on the envelope and we'll shop for you!

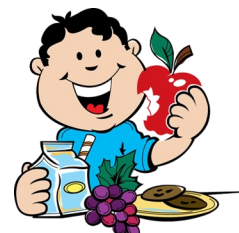
### ***Honey Coming...***

Honey sale coming in November!  
Profits will benefit the Food Pantry.  
Local and raw (not pasteurized)  
Perfect timing for holiday gifting.  
Details will be posted in  
The Happenings area!

# BOOK SALE

***Thank you, Salem!***

Thank you all for helping to make our book sale a huge success! We appreciated all the donors who gave us such wonderful adult and children's books. And of course, thanks to all those who purchased books. The library committee will buy supplies, like cards and pockets for books, as well as some brand new books. If you have some suggestions for favorite authors or certain topics you'd like to see in the Salem Library, let Carol, Gladys or Pat know. Thanks again for supporting the library. If you brought books in a tote, please pick it up in the library.



Thank you to everyone who has volunteered to greet and bring refreshments through the summer. We again have needs this fall. Please check out the sign up for fellowship refreshments at the snack counter and the greeter sign up at the Happenings Center.

## Looking forward to the holidays:

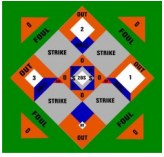


Our annual toy collection for the **Christmas Clearing Council** and gift card collection for **ERAs Senior Network** will start on **November 12th** and will end with the Blessing of the Toys during worship on **December 10th**.



***Thank you, Salem for your on-going support!***

## Salem's Dartball League



Our first **Dartball Game** is  
**Tuesday, October 3rd.**  
Warm up 6:45, Set up 7:00.  
Game Begins at 7:30 pm

The schedule will be on the Church Calendar and is available on the Community Bulletin Board.

**All are welcome and  
NO experience is necessary!**

Contact Doug Lindsay at 414-758-5325 with ?'s.



### NEW CHARGING STATION

A phone charging station has been setup on the counter outside of the office. There are 3 iPhone slots, 1 Type C slot, and 2 Micro USB slots.

**A BIG thank you to Bill and Sandy Pardoe for this thoughtful and generous donation!**



### GOOD NEWS!

**Women in the Middle** will be meeting 4 Tuesdays in October at Pastor Paola's home. It will start at 6:00pm with a meal together and discussion

afterwards. Pastor Paola and Joan Callen will provide dinner the first week and people can sign up to bring meals for the other weeks.

This session we will be discussing the book *The Gift of Years* by Joan Chittister.

10/3: Regret

10/10: Meaning

10/17: OFF WEEK

10/24: Joy

10/31: Newness

**Please let Pastor Paola know if you have any questions and if you are able to come.**



As you know we were targeted by phishing. Pastor Paola's name has been used for fake phone texts and fake emails to most of the church members asking to buy gift cards and for favors. This action of exploiting the trust the church has for their Pastor for financial gain is just awful. Other churches and even bishops have also been targeted. We are changing all passwords and taking safety steps.

Nevertheless, what really works is education and awareness. Here are the steps we all need to take.

### **Clues to pay attention to:**

- Pastor Paola would never ever ask for money, purchases or favors with a text or personal email. Our fundraising always comes by office snail mail and church announcement. If I need a favor, I'll call in person.
- The language is off and unusual.
- Requests are off and unusual.
- Notice the phone number and email address and compare to what you have.

### **What to do :**

- Don't ever reply to suspicious texts or emails.
- If in doubt, ask Pastor Paola or the Office
- Send scam email to Junk and block it.
- Block phone number of a fake text and report it.
- Inform the church office if it happens to you.







# Praise & Prayers

- Please pray for Cathy McGrath's friend, Debbie who is walking toward the end of her life.
- Please pray for Adele, Cathy and Doug's sister in law who was recently put in hospice.
- Please pray for Danielle, Jeff and Marsha's Everson's niece who is doing chemotherapy for breast cancer.
- Joy for Ken and Maggie Bringa for family coming together after a long time.
- Please pray for Adam Zimmerman. He continues to have some health issues.
- Please pray for Doug Lindsay. He had surgery yesterday for skin cancer on his nose. It was much more extensive than anticipated. He will have a long healing time and will need plastic surgery.
- Please pray for Bob and Bonnie Stuempfig's brother-in-law, Mike Manke. He lost a younger sister today to complications of Lupus. Ellie had daughters 17 and 19. Prayers would comfort all of us right now.
- Prayer request from Janet Lamb. Pray for their dear friend, Jeff Frederickson has been diagnosed with Stage 4 Hodgkin's lymphoma and it is spreading.
- Please continue to pray for Libya, Maui, and Morocco.
- Family friends of Leah and Brandon Fong had a baby prematurely. Please pray for baby and family.
- Please pray for the residents, leadership, and corporate office of New Perspectives. They are going through lots of difficult changes.
- Please continue to pray for the health of Jeff Everson's mother.
- Please pray for Megan's pregnancy and unborn baby. She is Barb Seeboth's daughter.
- Please pray for Caryn Adair's friend Carol as she prepares for breast cancer surgery.



## October BIRTHDAYS

- 5 Tyler Adair
- 5 Greg Newton
- 5 Debbi Oswalt
- 7 Becky Henderson
- 10 Sharon Seegers
- 14 Joy Peterson
- 16 Marilyn Gliesmann-Nelson
- 18 Grace Tonz
- 18 Reagan VanDusen
- 20 Jim Harasha
- 22 David Young
- 24 Jonah Jacobson-Agpoon
- 26 Rei Lesada
- 27 Leah Fong
- 28 Ralph Yont
- 29 Vicky Nease
- 31 Chris Tonz

## LECTIONARY READINGS – October

### October 1

Exodus 17:1-7  
 Psalm 78:1-4, 12-16  
 Philippians 2:1-13  
 Matthew 21:23-32

### October 8

Exodus 20:1-4, 7-9,  
 12-20  
 Psalm 119  
 Philippians 3:4b-14  
 Matthew 21:33-46

### October 15

Exodus 32:1-14  
 Psalm 106:1-6, 19-23  
 Philippians 4:1-9  
 Matthew 22:1-14

### October 22

Exodus 33:12-23  
 Psalm 99  
 1 Thessalonians 1:1-10  
 Matthew 22:15-22

### October 29

Deuteronomy 34:1-12  
 Psalm 90:1-6, 13-17  
 1 Thessalonians 2:1-8  
 Matthew 22:34-46

